

Langerhans Cell Histiocytosis

Past, Present and Future

The 54th TSH Annual Meeting: "Hematology: Basics and Beyond"
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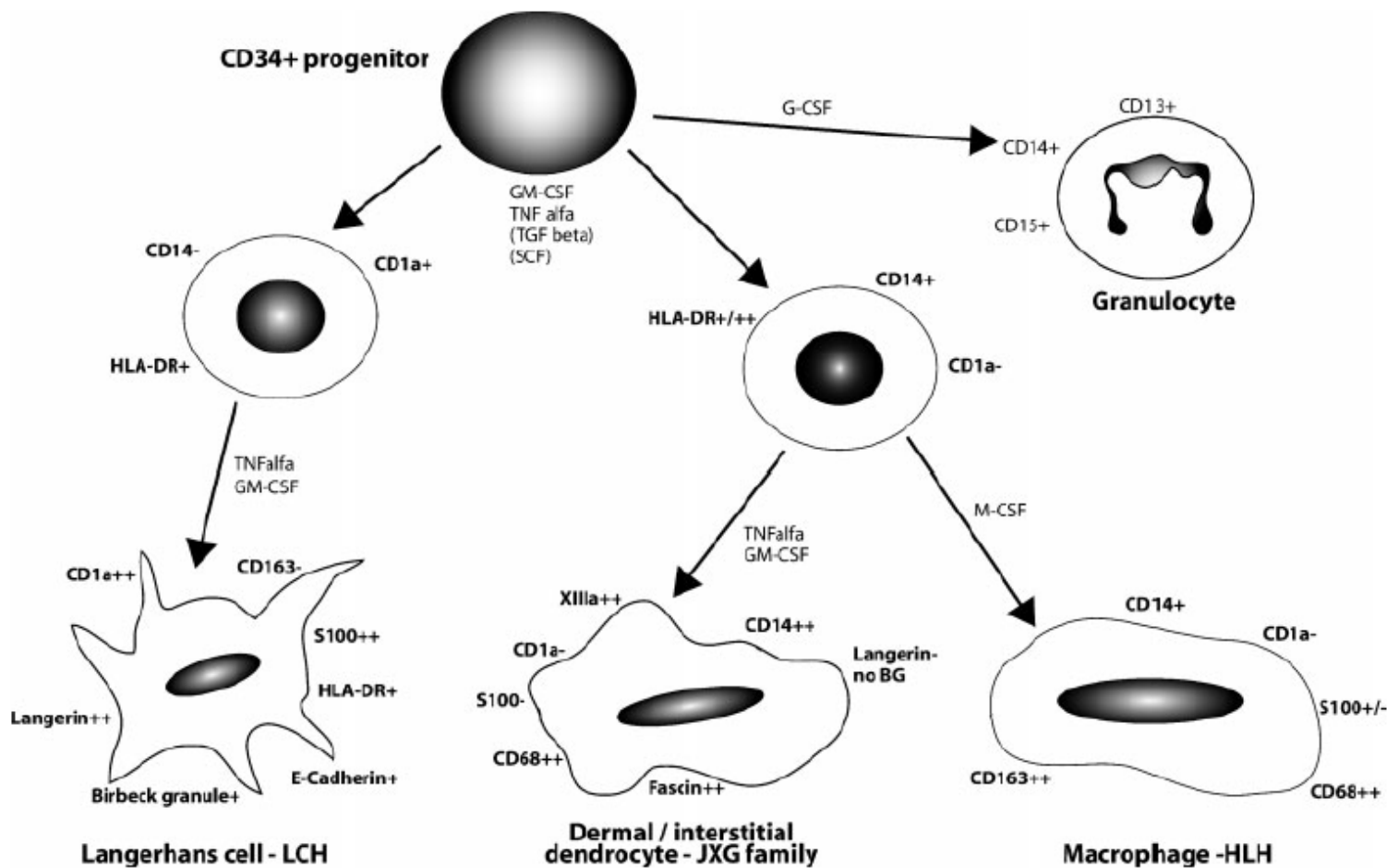


Outlines

- ▶ Introduction
- ▶ Biology
- ▶ Epidemiology
- ▶ Clinical presentations
- ▶ Investigations
- ▶ Diagnostic histopathology
- ▶ Clinical classification
- ▶ Prognosis
- ▶ Treatment



Histiocyte developmental pathway





Classification of histiocytosis syndrome in children



Class	Syndrome
I Dendritic/histiocytic disorder	<ul style="list-style-type: none">• Langerhans cell histiocytosis (LCH)• Non-LCH<ul style="list-style-type: none">○ Erdheim-Chester Disease – primary in adult○ Juvenile xanthogranuloma (JXG) – occur in children and adult
II Macrophage/monocytoid disorder	<ul style="list-style-type: none">• Rosai-Dorfman Disease• Hemophagocytic lymphohistiocytosis (HLH)<ul style="list-style-type: none">○ Primary HLH – genetic disorder○ Secondary HLH- infectious associated hemophagocytic syndrome (IAHS)
III Malignant disorder	<ul style="list-style-type: none">• Malignant histiocytosis (histiocytic sarcoma)• Monocytic/myelomonocytic leukemias





Langerhans Cell Histiocytosis

- Clonal proliferation of “Langerhans Cells”
- Multiple organs and systems can be involved
- Clinical presentation and outcome very variable



Eosinophilic Granuloma

Skin Disease

Poliostotic Bone Disease

Hand-Schuler-Christian

Multi-systemic Disease

Letterer-Siwe



Pediatric Cancer & Hematologic Disorder

PedHemOnc-PMK



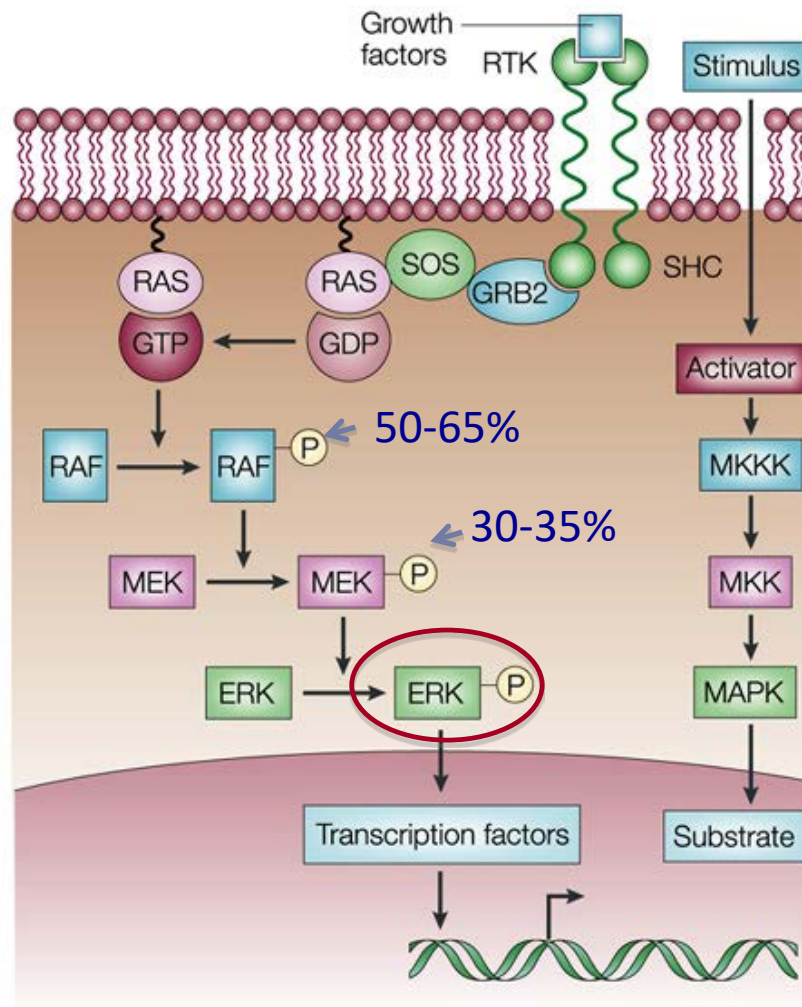
Biology

- ▶ Inflammatory response vs. Oncogenic event ???
- ▶ Originate from a myeloid-derived precursor
- ▶ Uncontrolled clonal periferation of CD1a+/CD207+ cells
- ▶ Activation of the MAPK/ERK signaling pathway
 - ▶ 60-70% somatic mutation in BRAF (BRAFFV600E)
 - ▶ 10-25% Others
 - ▶ Mutation in MAP2K1
 - ▶ Mutation in ARAF
 - ▶ ¼ Unknown





RAS-RAF-MEK-ERK Signaling

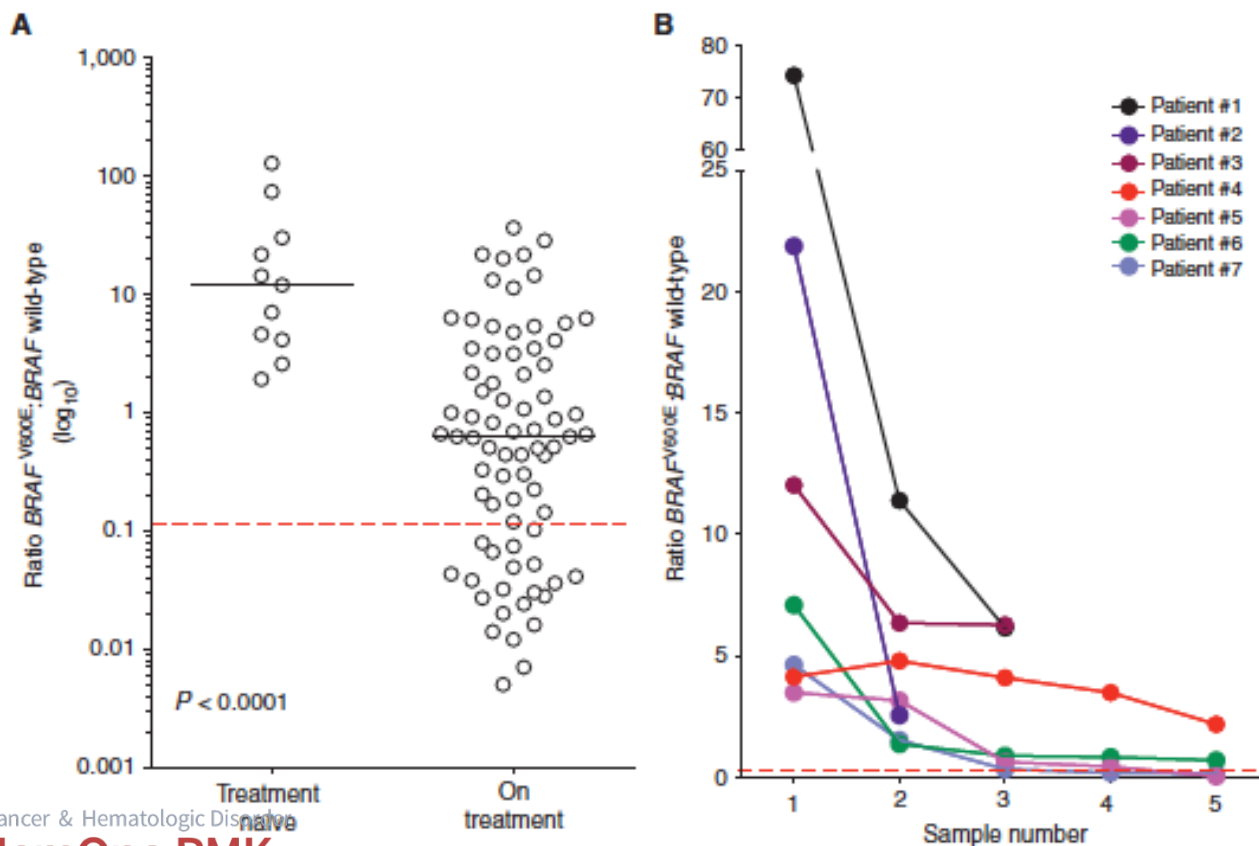


Nature Reviews | Cancer



Prospective Blinded Study of *BRAF*^{V600E} Mutation Detection in Cell-Free DNA of Patients with Systemic Histiocytic Disorders

David M. Hyman¹, Eli L. Diamond², Cecile Rose T. Vibat³, Latifa Hassaine³, Jason C. Poole³, Minal Patel⁴, Veronica R. Holley⁵, Goran Cabrilo⁵, Timothy T. Lu³, Maria E. Arcila⁶, Young Rock Chung⁷, Raajit Rampal⁴, Mario E. Lacouture⁸, Neal Rosen⁹, Funda Meric-Bernstam⁵, José Baselga^{1,7}, Razelle Kurzrock¹⁰, Mark G. Erlander³, Filip Janku⁵, and Omar Abdel-Wahab^{4,7}





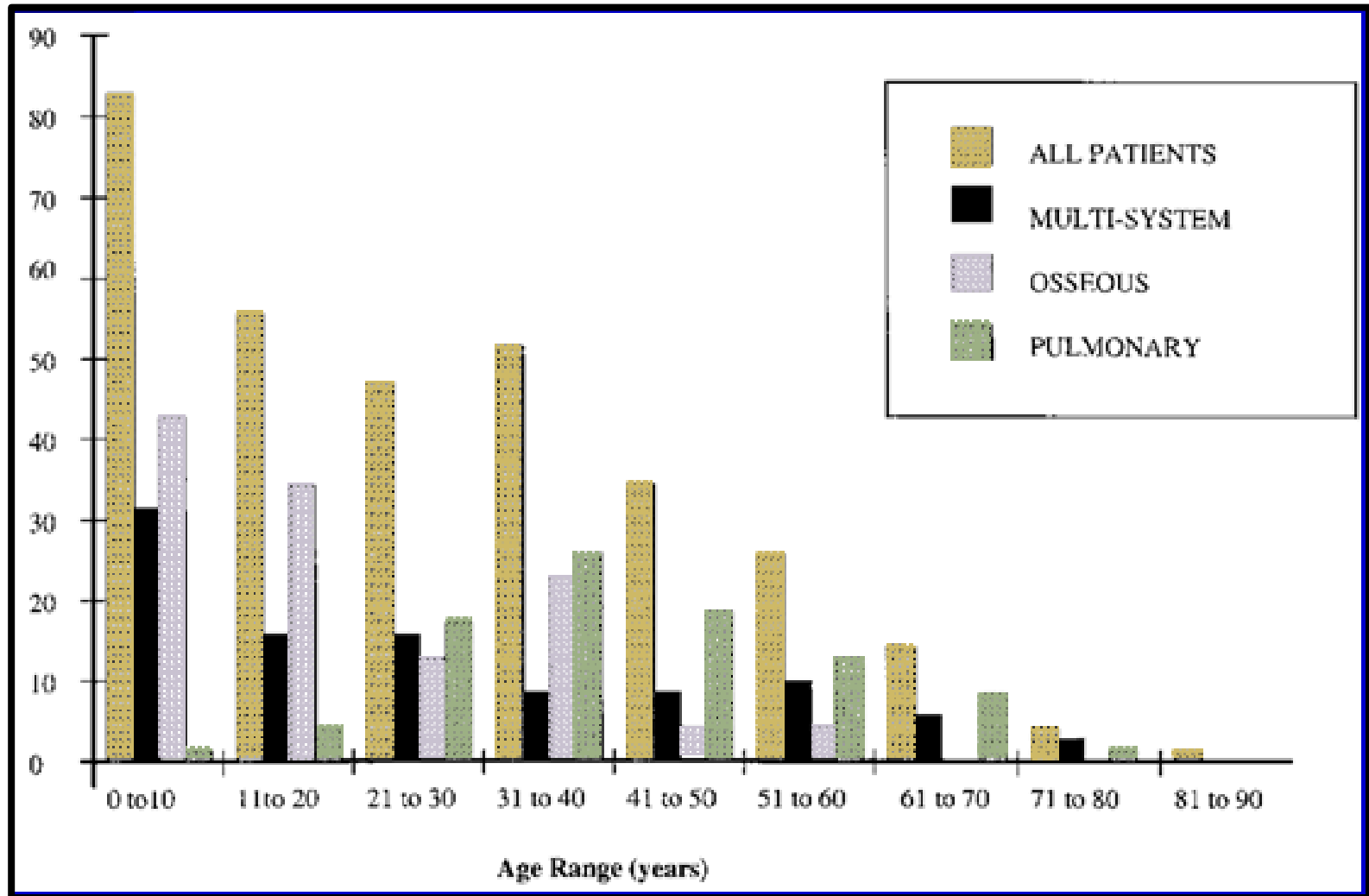
Epidemiology of LCH

- ▶ Rare
- ▶ 8-9 cases per million/year in children
 - ▶ Same in adults
- ▶ 1/10th the incidence of childhood leukemia
- ▶ Male:Female ratio is 1:1
- ▶ Median age presentation is 30 months
- ▶ Patients may present from birth to the 9th decade





Age distribution of LCH patients





Epidemiology of LCH

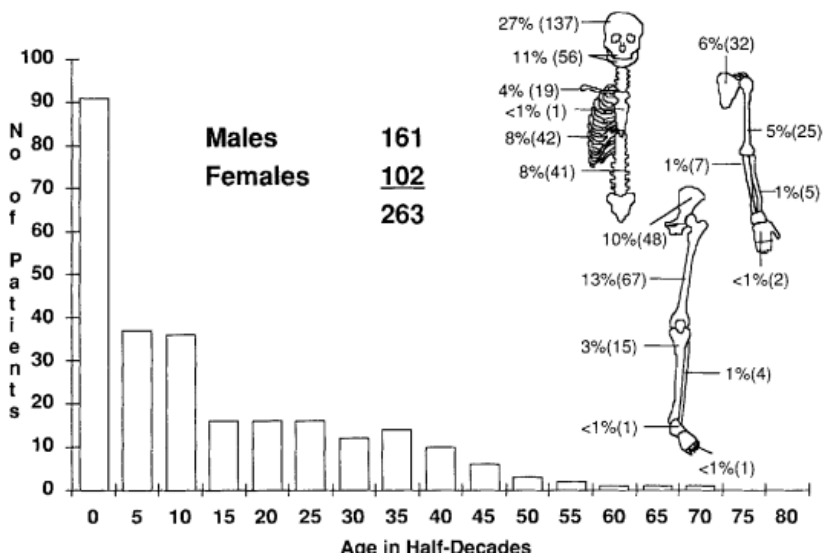
Points for Consideration

- ▶ Population-based studies may be used to describe patterns of incidence
 - ▶ Higher incidence in first year, with rapid decline and plateau
 - ▶ Significantly higher incidence in Hispanics and lower in Blacks (infants)
 - ▶ Higher incidence associated with socioeconomic exclusion (education and crowding)
- ▶ Some of these findings may provide clues to causation and deserve further evaluation (epidemiology + genomics)
- ▶ Given age distribution, perinatal and early life exposures should be explored





Organ system involvement in LCH





Organ system involvement in LCH



Floating teeth



Organ system involvement in LCH



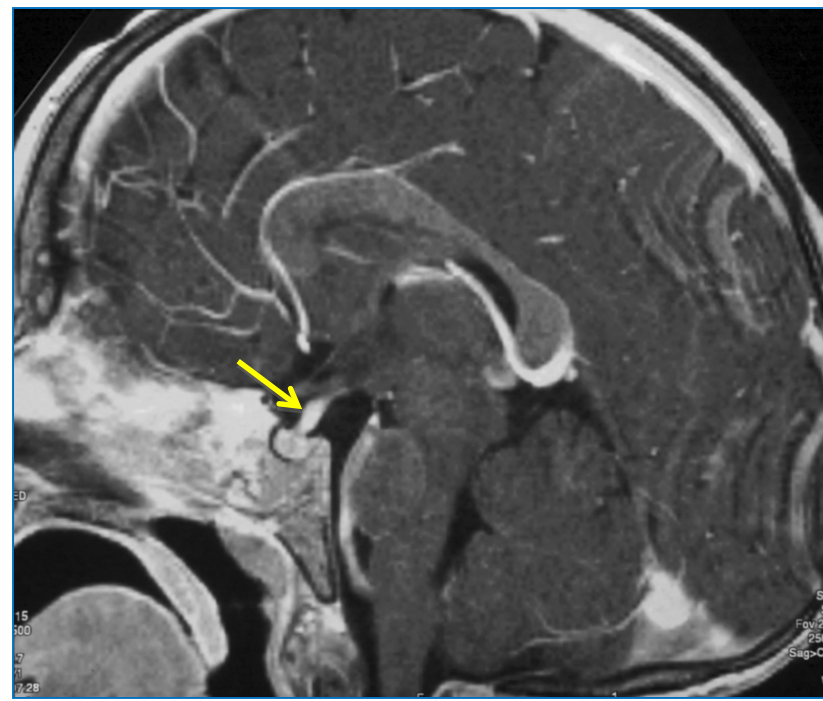
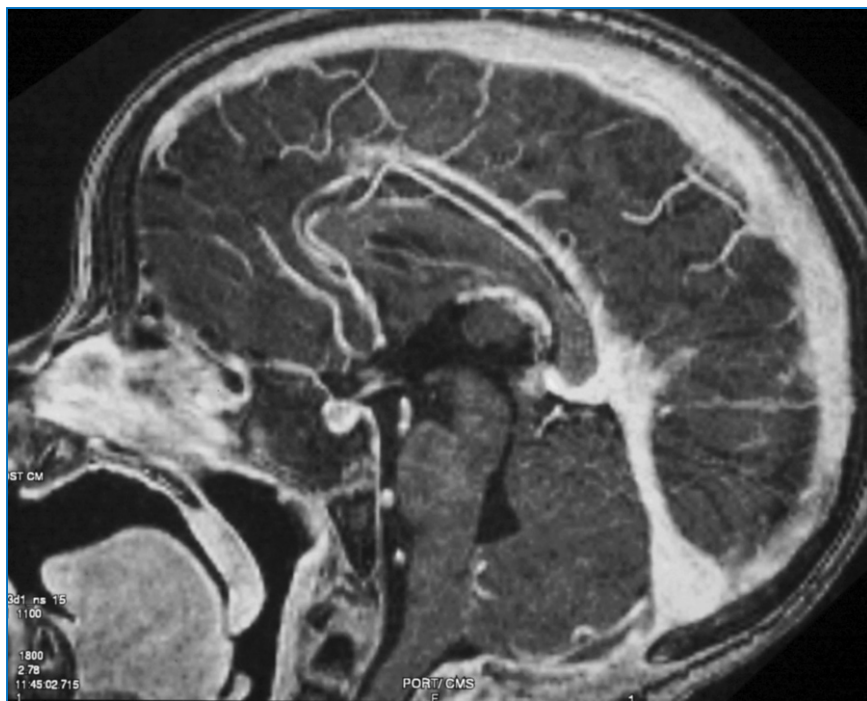


Organ system involvement in LCH





Organ system involvement in LCH





Neuro-Endocrine Involvement

▶ DI:

- ▶ MCM symptom of CNS involvement
- ▶ Before, during, after (median 10-12 months)
- ▶ Skull lesions and extraosseous disease
- ▶ MRI: absent post pituitary bright signal, thickened infundibulum
- ▶ Unreversible

▶ Other deficits:

- ▶ GH deficiency > ACTH def > alt puberty
- ▶ Precocious/delayed puberty

▶ Neurologic Sequelae:

- ▶ Neuro-degenerative disease
- ▶ Intellectual deficits





Organ system involvement in LCH



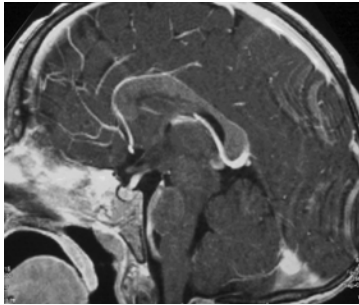


Pulmonary LCH

- ▶ Incidence and prevalence unknown
 - “15 LCH vs 274 Sarcoidosis”
- ▶ Mainly among whites
- ▶ 90-95% adults
- ▶ 90-95% smokers
- ▶ Reticulonodular pattern



Organ system involvement in LCH



Brain

Neuroendocrine deficits
Neurodegeneration

Skull and craniofacial bones



Chest

Lung disease (infants, smokers)
Thymus

Abdomen

Liver
Spleen
GI tract

Skeleton

Bones



Skin

Cradle cap, seborrhea

Hematopoietic system

pancytopenia, hypersplenism

Lymph nodes



Organ system involvement in LCH



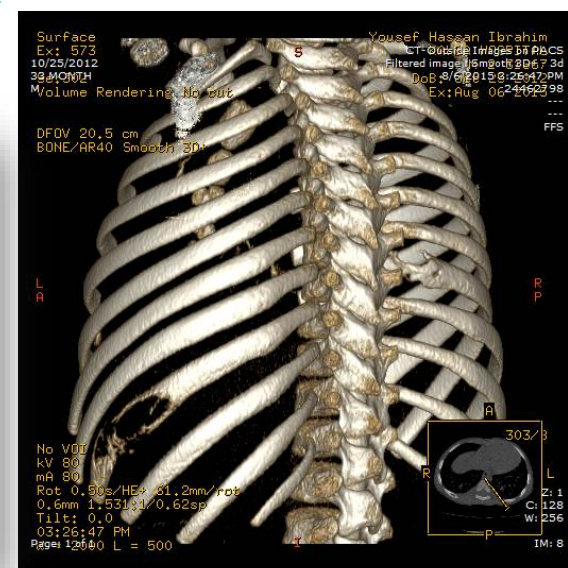
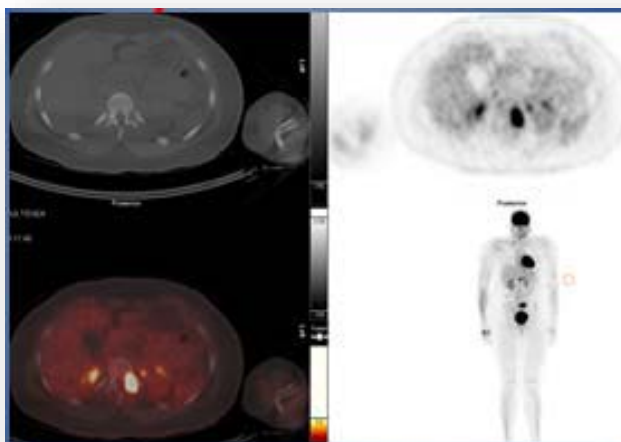
Site	% of cases involved
Bone	80
Skin	60
Liver, spleen, LN	33
Bone marrow	30
Lungs	25
Orbit	25
Orodental	20
Otological	20
DI	15
GI tract	<5





Investigations

- ▶ Plain film skull
- ▶ Plain x-ray of primary lesion
- ▶ Bone survey
- ▶ CT/MRI primary lesion
- ▶ Abdominal ultrasound
- ▶ MRI pituitary
- ▶ PET scan : almost always positive in LCH*
- ▶ CBC, blood chem

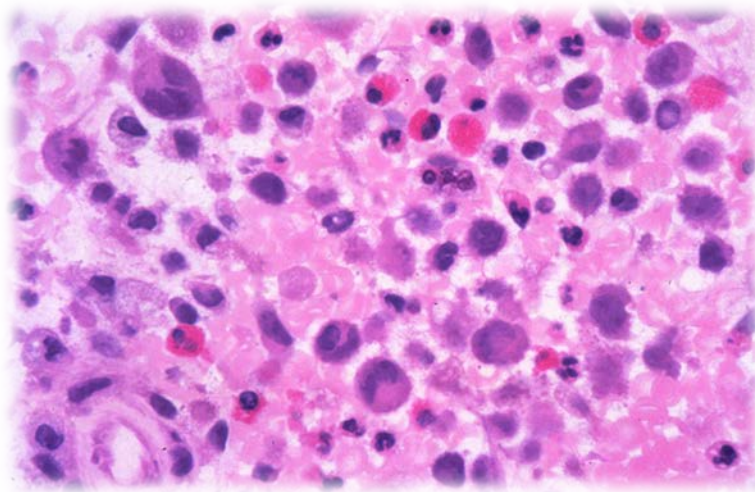
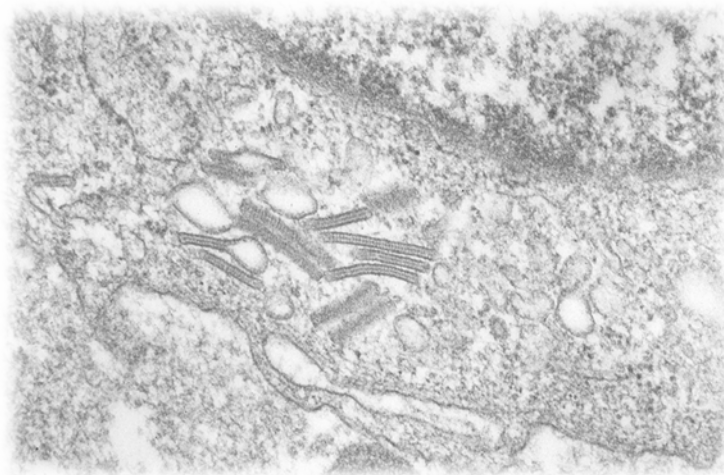


*Agarwal et al., Jpn J Radiol; 2016, 34:267–76



Diagnostic Histopathology

- ▶ Uniform regardless of clinical severity:
- ▶ Diagnosis:
 - ▶ CD1a, Langerin (CD 207), S-100
 - ▶ EM: Birbeck granules





Criteria diagnosis

- ▶ **Presumptive diagnosis:**
LM characteristics compatible

- ▶ **Designated diagnosis**

- ▶ LM plus
- ▶ ≥2 supplemental positive stains for
 - ▶ Adenosine triphosphatase
 - ▶ S-100 protein
 - ▶ α-D-Mannosidase
 - ▶ Peanut lectin

- ▶ **Definitive diagnosis**

- ▶ LM plus
- ▶ Birbeck granules in the lesional cell by EM
and/or
- ▶ Positive staining of CD1a antigen and/or CD207 (Langerin) staining on the lesional cell



Clinical Classification of LCH patients



► LCH-III (2001-2008)

Clinical Group	Involved system	Involved organs
1	Multisystem <u>"Risk"</u> patients	Any "Risk*" organ involvement
2	Multisystem <u>"Low risk"</u> patients	≥ 2 organ <u>without</u> "Risk*" organ involvement
3	Single system <ul style="list-style-type: none">• Multifocal or• Special site[#]	≥ 2 lesions in <u>one</u> organ or In special site [#]
-	Single system Unifocal or localized	1 lesion in one organ

*Risk organs consist of Lung, liver, spleen, bone marrow or haematological dysfunction

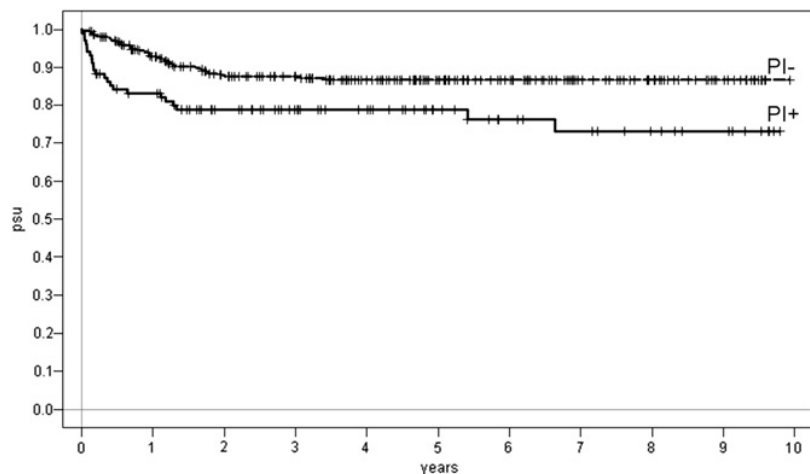
[#] Special site are intracranial soft tissue extension or vertebral lesions with intraspinal soft tissue extension



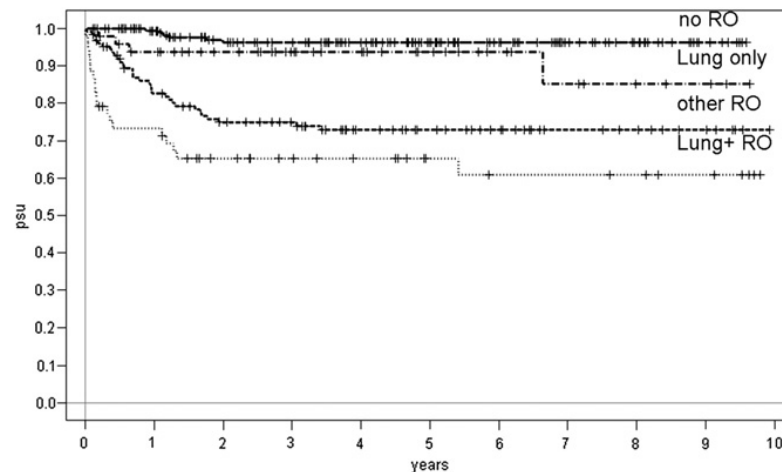
Pulmonary involvement in MS LCH



- ▶ In multivariate analysis, pulmonary involvement was not an independent prognostic factor
- ▶ Therefore, it was excluded from the definition of risk organ involvement in MS-LCH.



	Patients	Events	5-yrs. pSU	P-value
--- PI-	318	38	0.87±0.02	.004
— PI+	102	23	0.79±0.04	



	Patients	Events	5-yrs. pSU	P-value
— no RO	192	6	0.96±0.01	
--- Lung only	49	4	0.94±0.03	.096
..... RO only	126	32	0.73±0.04	
- . . . Lung+RO	53	19	0.65±0.07	.070





Clinical Classification of LCH patients

► LCH-IV (2011)

Clinical Classification	Involved System	Involved Organs
Multisystem LCH (MS-LCH) (Group 1)	≥ 2	RO+/- (e.g. hemato, liver, and/or spleen)
Single System LCH (SS-LCH) (Group 2)	1 (UF/MF)	<ul style="list-style-type: none">• Bone UF (single bone) or MF (>1 bone)• Skin• LN (excluding draining LN of another LCH lesion)• <u>Lungs</u>• Special site (eg. Vertebrae, spine)• "CNS-risk"• Central nervous system (CNS)• Other (e.g. thyroid, thymus)





Risk organs involvement definition

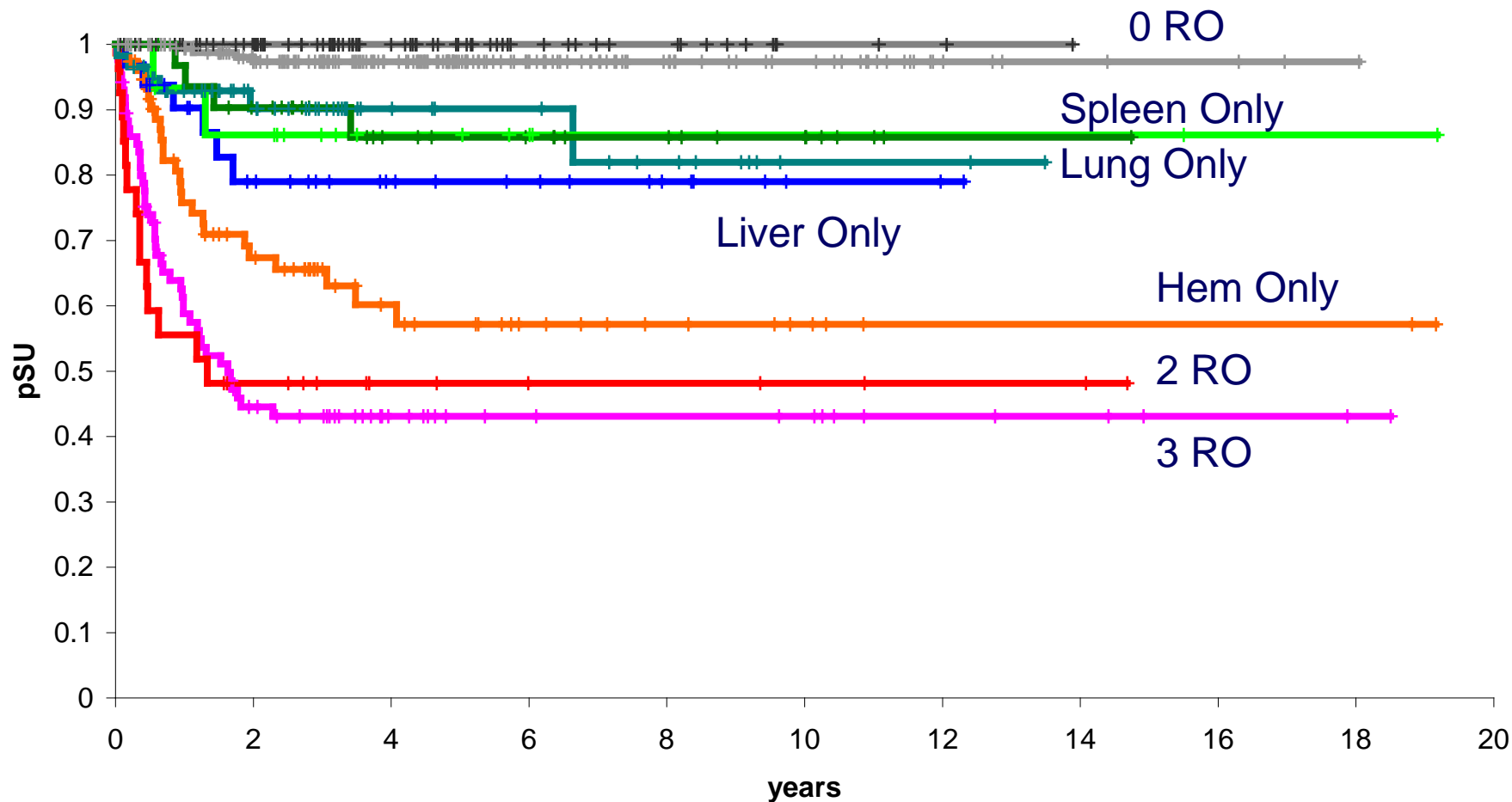


- ▶ **Hematopoietic involvement:** (+/- BM involvement~CD1a +)
 - ▶ At least 2 of the following:
 1. **Anemia:**
 - Hemoglobin <10 g/dl
 - Infants <9.0 g/dl
 2. **Leukocytopenia:** WBC <4,000/ μ L
 3. **Thrombocytopenia:** platelets <100,000/ μ L
- ▶ **Spleen involvement: enlargement** >2 cm BCM in the MCL by **PE**
- ▶ **Liver involvement:** ≥ 1 of the following
 1. **Enlargement** >3 cm BCM in the MCL by **PE**
 2. **Dysfunction** i.e. hypoproteinemia <55 g/L, hypoalbuminemia <25 g/L, not due to other causes
 3. **Histopathological findings** of active disease





Outcome by Risk Organ Involvement





CNS-Risk Lesions

Facial bones or Anterior or
Medial Cranial Fossa:

Skull base

Mastoid

Temporal

Maxilla

Sphenoidal

Ethmoidal

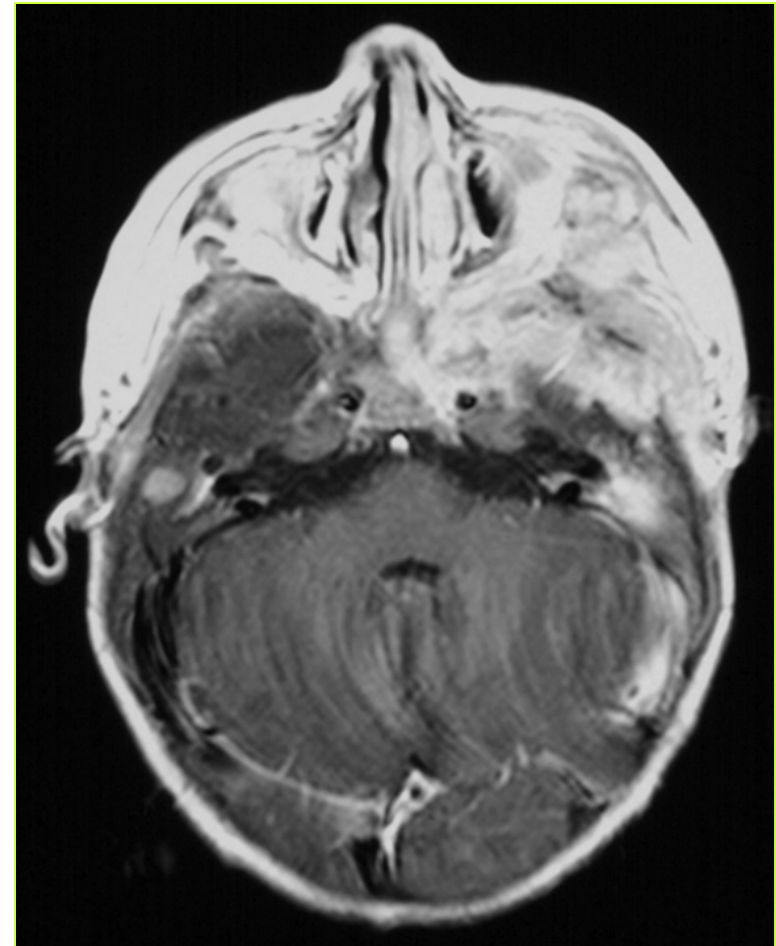
Cygomatic bone

Orbits

With intracranial extension
or could not be excised



3 x risk of CNS disease



Pediatric Cancer & Hematologic Disorder
PedHemOnc-PMK



Prognosis



- ▶ Rapid response to initial treatment within 6 weeks
- ▶ Involvement of “Risk organs”; hematopoietic system, liver, spleen and lungs
- ▶ Age at diagnosis: diagnosed before 2 years of age, mortality rate 66% (but not include in “Risk”)
- ▶ Number of organ involvement : mortality rate is increasing follow by numbers of organ involvement
- ▶ Bone involvement associated with favorable prognosis
- ▶ Organ dysfunction presented at diagnosis or during the course of disease
- ▶ Patients with MFB have excellent prognosis but high tendency for disease reactivation (30-50%) and permanent consequences

Gadner et al., J Pediatr 2001; 138: 728-34

Gadner et al., Blood 2008; 111: 2556-62

Gadner et al., Klin Padiatr 1987; 199: 173-82

Gadner et al., Blood 2013; 121: 5006-14

Treatment



Single system (SS)



Multisystem (MS)

Bone
or
Skin
or
LN
or
Lung

Unifocal (UF)

Multifocal (MF)
Or
UF-CNS risk/special site

RO-

Liver
Spleen
Heme

RO+



Pediatric Cancer & Hematologic Disorder

PedHemOnc-PMK



Single system (SS)

Bone
or
Skin
or
LN
or
Lung

Unifocal (UF)

Observation
Local Therapy

Multifocal (MF)

Or

UF-CNS risk/special site

CMT



Pediatric Cancer & Hematologic Disorder

PedHemOnc-PMK



Multisystem (MS)

RO-



CMT

Liver
Spleen
Heme

RO+



Intensive CMT



Pediatric Cancer & Hematologic Disorder

PedHemOnc-PMK



Indications for Systemic Therapy



- ▶ SS-LCH with
 - ▶ CSN-risk lesions
 - ▶ Multifocal bone lesions
 - ▶ “Special Site” lesions
- ▶ MS-LCH with/without involvement of risk organs



Unifocal lesion

- ▶ **Observe**
- ▶ ~30% of UF bone lesion develop MFB within 2 years
- ▶ If remission → relapse UF bone → local control or systemic CMT
- ▶ Eosinophilic granuloma had PGE overexpression → role for indomethacin
- ▶ **Local control**
 - ▶ Biopsy
 - ▶ Curettage
 - ▶ Excision
 - ▶ Intralesional or topical steroid
 - ▶ Radiotherapy
 - ▶ Options: bisphosphonate, indomethacin, NSAIDS

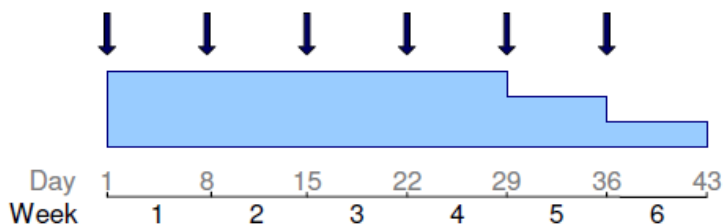




MF Or UF-CNS risk/special site



Initial Treatment: Course 1



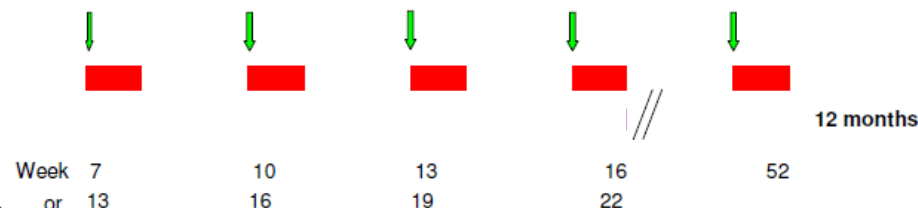
LEGEND:

PRED 40 mg/m²/day orally, weekly reduction after week 4

VBL 6 mg/m² i.v. bolus

*Once systemic CMT applied →
no need for surgery*

Continuation Treatment



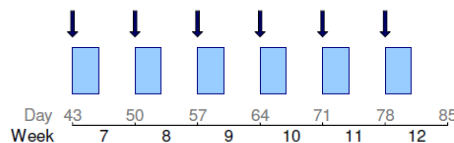
LEGEND:

PRED 40 mg/m²/d orally day 1-5 of week (7, 10, 13, 16, 19, ...52)

VBL 6 mg/m² i.v. bolus q3 weeks

Immediate response or worse

Initial Treatment: Course 2



LEGEND:

PRED 40 mg/m²/day orally, weekly for 3 days i.v. bolus

VBL 6 mg/m² i.v. bolus

Aim: ↓ disease reactivation

No 6-MP

Histiocyte Society Evaluation and Treatment Guidelines, April 2009 from www.histiocytesociety.org





MS-LCH

History of LCH treatment

LCH-I (1991-1995)

VBL/VP-16 + HD-MP x 6 mo

- ▶ Same clinical effectiveness
- ▶ High incidence of 2nd malignancy and toxicity in VP-16 group
- ▶ “Risk” = Heme, lung, liver spleen and age at Dx <2 y
- ▶ Survival related to response to treatment at week 6
- ▶ Treatment response at 6th weeks was low compared to historical
→ need treatment intensification
- ▶ Disease reactivation was higher compared to historical → need prolongation of treatment





MS-LCH

History of LCH treatment

LCH-II (1996-2001)

Induction: VBL+PRED+VP-16 x 6 wk

Continuation: PRED+VBL+6-MP±VP-16 x 6 mo

- ▶ Intensive Rx upfront (3 drugs) esp. VP-16 improve outcome???
- ▶ No significant improvement of overall response, survival and disease reactivation
- ▶ RO+ had significant improvement
- ▶ Age at Dx < 2y was not independent RF



MS-LCH

History of LCH treatment

LCH-III (2001-2008)

- ▶ Upfront 2 drugs – no VP-16
- ▶ Age of Dx < 2y was removed from RF
- ▶ Treatment intensity tailored by RO+/-



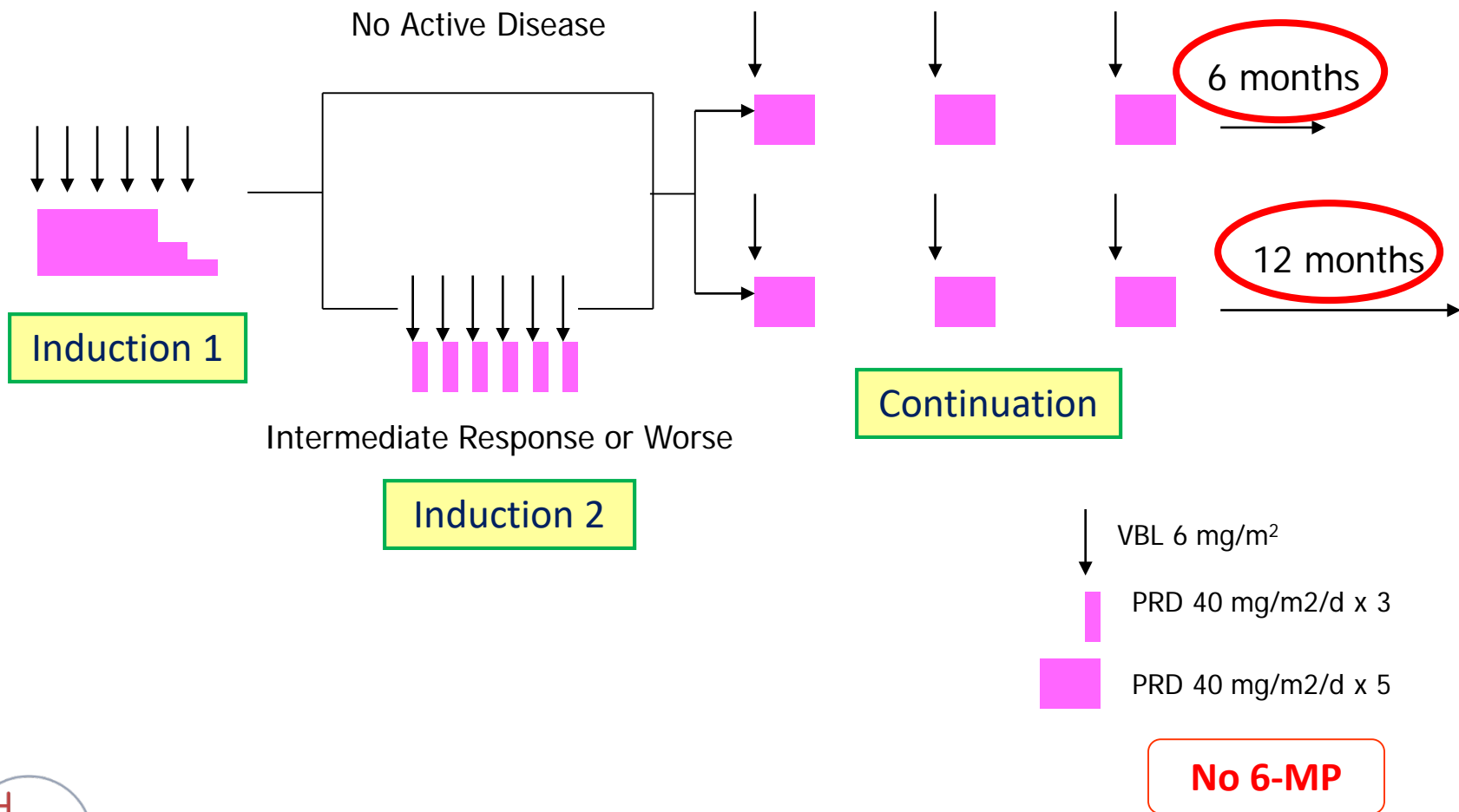
LCH III for MS LCH

- ▶ Group 2: Low-risk patients
 - ▶ Survival ~100%
 - ▶ *The Problem:* Reactivations
 - ▶ *The Question:* Does prolongation of therapy decrease reactivation rates?
 - ▶ *Treatment:*
 - ▶ PRD+VBL
 - ▶ Randomization: continuation 6 vs 12 months





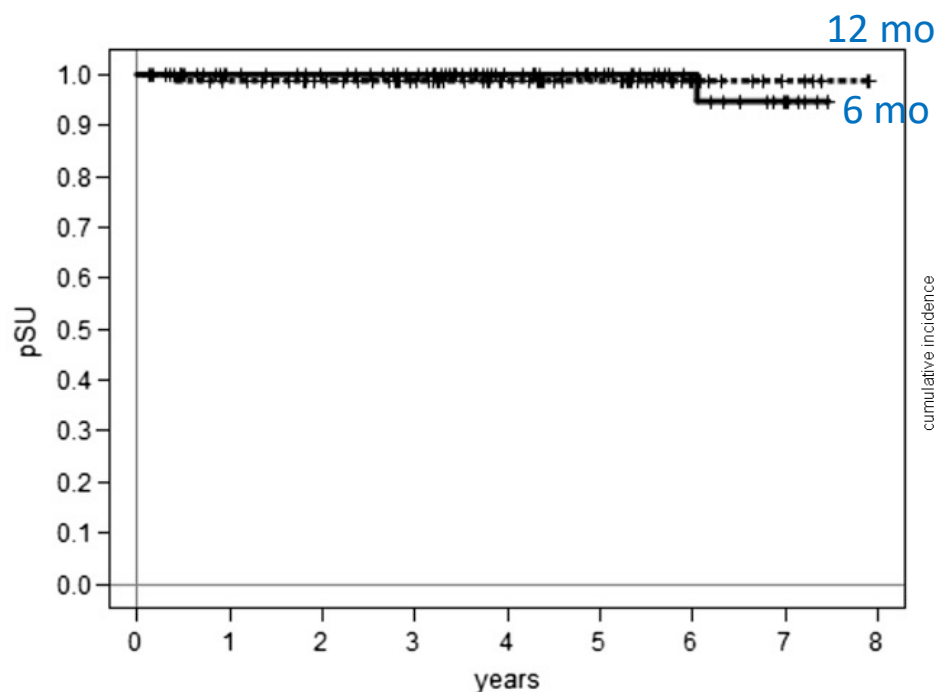
LCH-III Protocol for Group 2: MS-Low Risk Patients



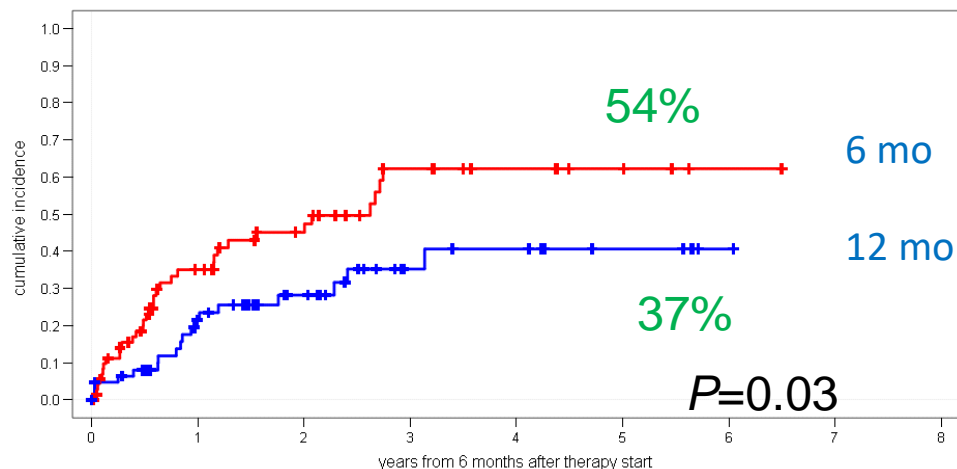


Therapy prolongation improves outcome in RO- MS LCH

► Survival



► Reactivations



Benefit in decreased disease reactivation in prolongation of therapy





LCH III for MS LCH

- ▶ Group 1: “Risk” patients
 - ▶ *The Problem: Survival*
 - ▶ *The Question:* Does the addition of MTX improve survival?
 - ▶ *Treatment:*
 - ▶ Randomization PRD+VBL+6-MP +/- MTX
 - ▶ Duration: 12 months





LCH-II Protocol for Group 2: MS-“Risk” Patients



Arm A

No Active Disease

MTX

12 months

VBL 6 mg/m²

PRD 40 mg/m²/d x 3

PRD 40 mg/m²/d x 5

6-MP 50 mg/m²/d

Arm B

Intermediate Response or Worse

No Active Disease

MTX

12 months

Induction 1

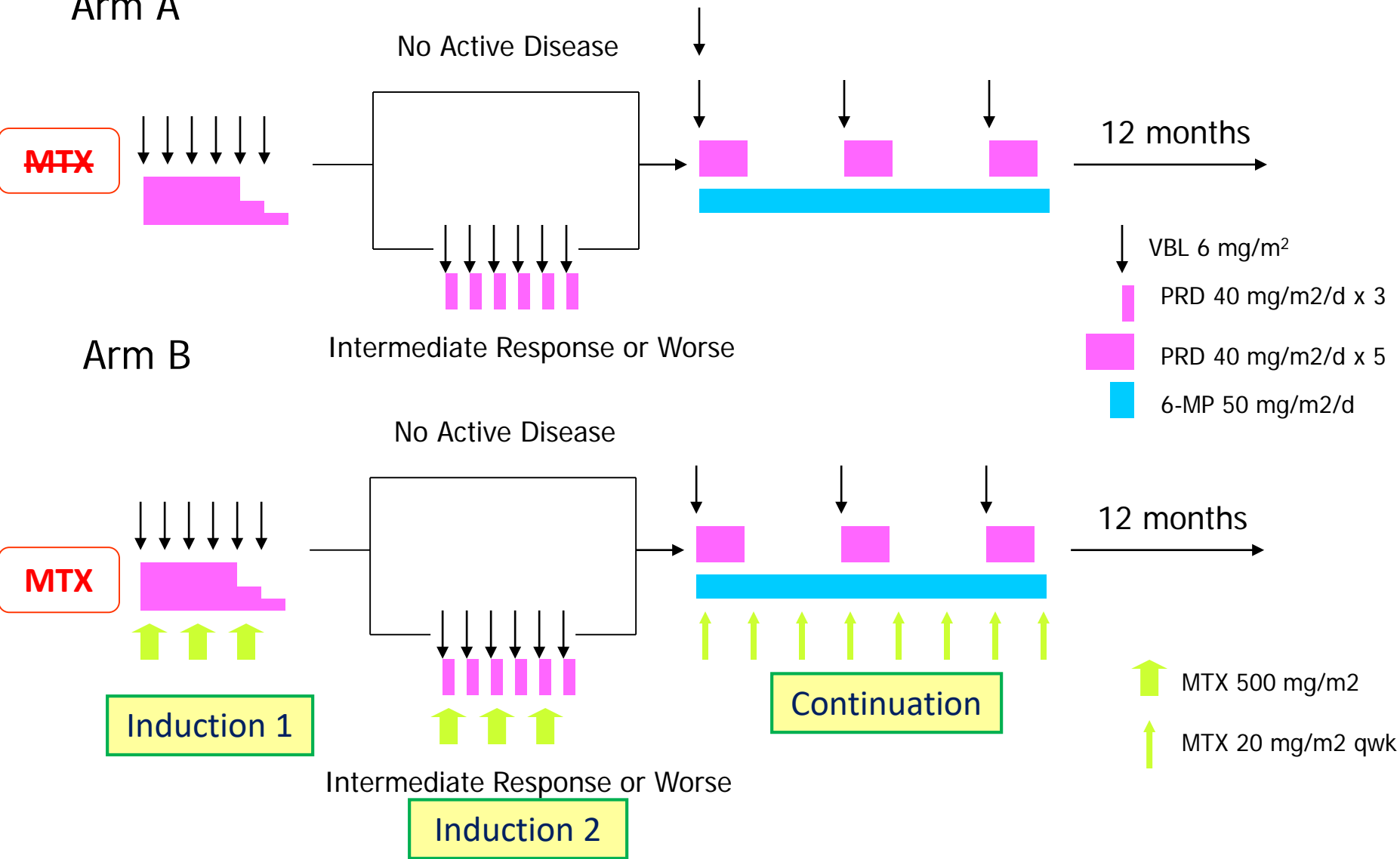
Continuation

MTX 500 mg/m²

MTX 20 mg/m² qwk

Intermediate Response or Worse

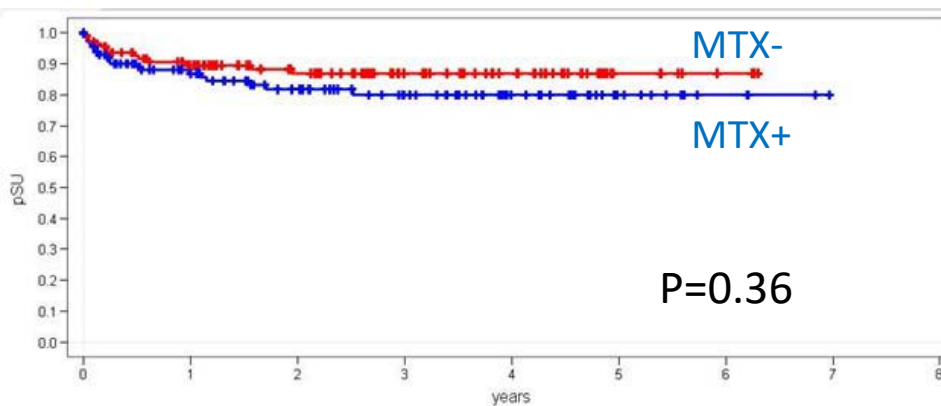
Induction 2





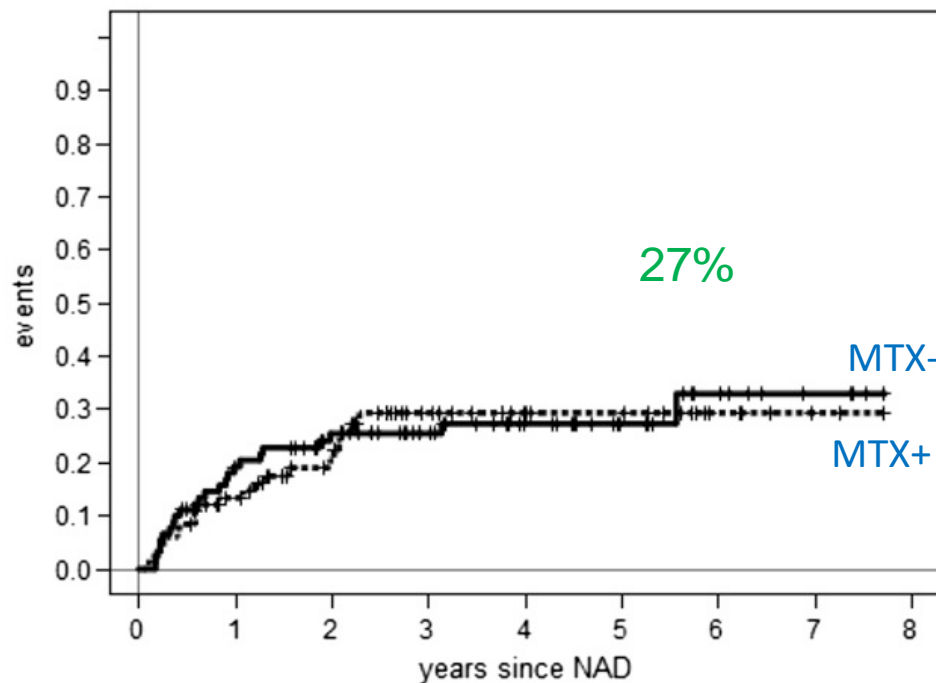
Addition MTX in RO+MS LCH

► Survival



	Patients	Deaths	5-yr OS
MTX	115	19	0.82 ±0.04
No MTX	112	14	0.87 ±0.03

► Reactivations

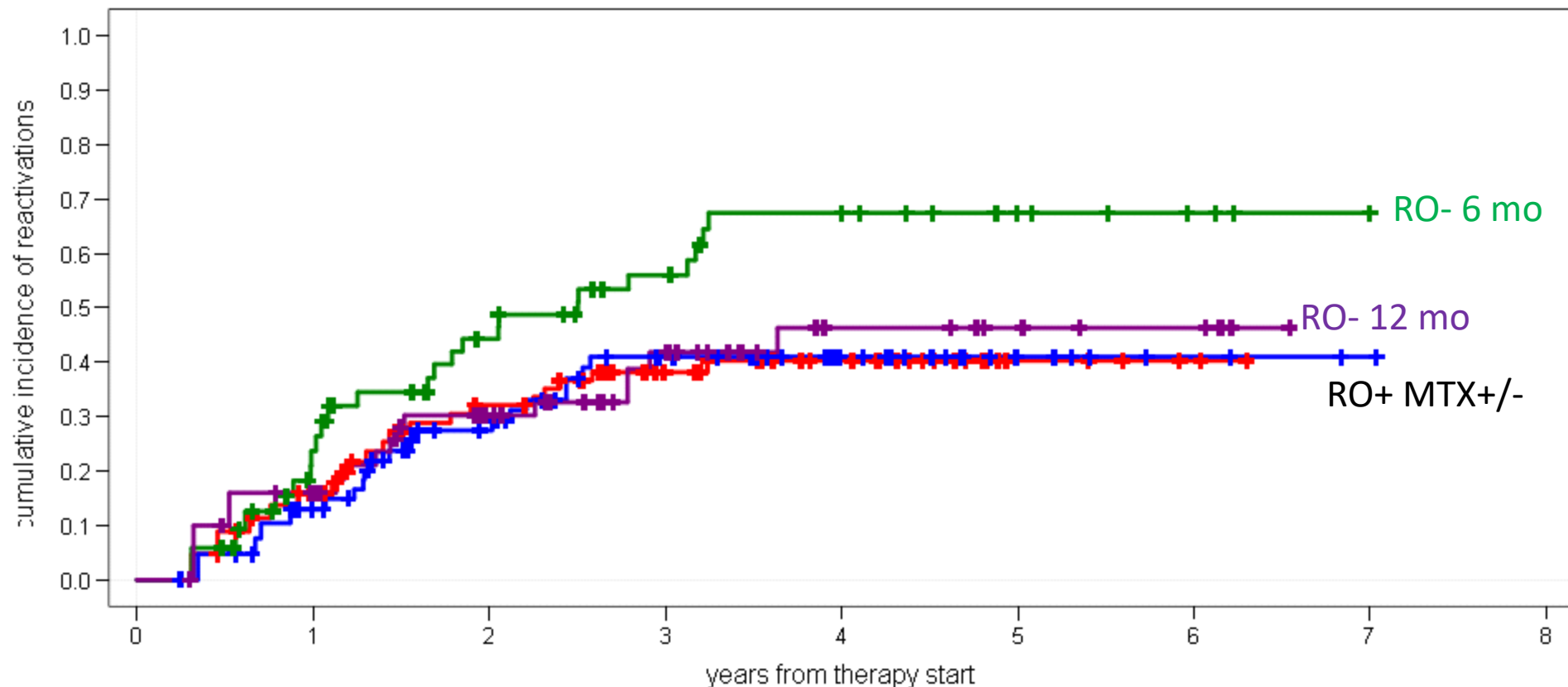


No advantage with added MTX





Therapy prolongation improves outcome in MS LCH



The probability of reactivation in the “Risk Group” (both treatment arms total 12 months) was similar to the 12-month treatment arm of the “Low risk” trial



Outcomes among different LCH protocols

Variable	Multifocal SS-LCH			MS-LCH					LCH-III	
	DAL-HX	JLSG-96	JLSG-02	DAL-HX	JLSG-96	JLSG-02	LCH-I	LCH-II	RO -	RO +
N	34	32	67	63	59	97	143	193	269	285
Duration (mo)	12	7.5	12	12	7.5	12	6	6	6/12	12
Response rate (%)	94.1	96.9	85.1	79	76.3	84.5	53	67	86	70–72
Reactivation rate (%)	17.6	28.1	22	30	45.3	25	58	46	54/37	25–29
Survival rate (%)	—	100	100	94	94.4	97.6	79	76.5	99	84
Incidence of DI (%)	2.9	3.2	1.5	11.9	8.9	18.6	22.5	21.8	12	8–9



Current study: LCH IV for SS-, MS-LCH



► Opened: 2011

Clinical Classification	Involved System	Involved Organs
Multisystem LCH (MS-LCH) (Group 1)	≥ 2	RO+/- (e.g. hemato, liver, and/or spleen)
Single System LCH (SS-LCH) (Group 2)	1 (UF/MF)	<ul style="list-style-type: none">• Bone UF (single bone) or MF (>1 bone)• Skin• LN (excluding draining LN of another LCH lesion)• Lungs• Special site (eg. Vertebrae, spine)• "CNS-risk"• Central nervous system (CNS)• Other (e.g. thyroid, thymus)





Current study: LCH IV for MS LCH

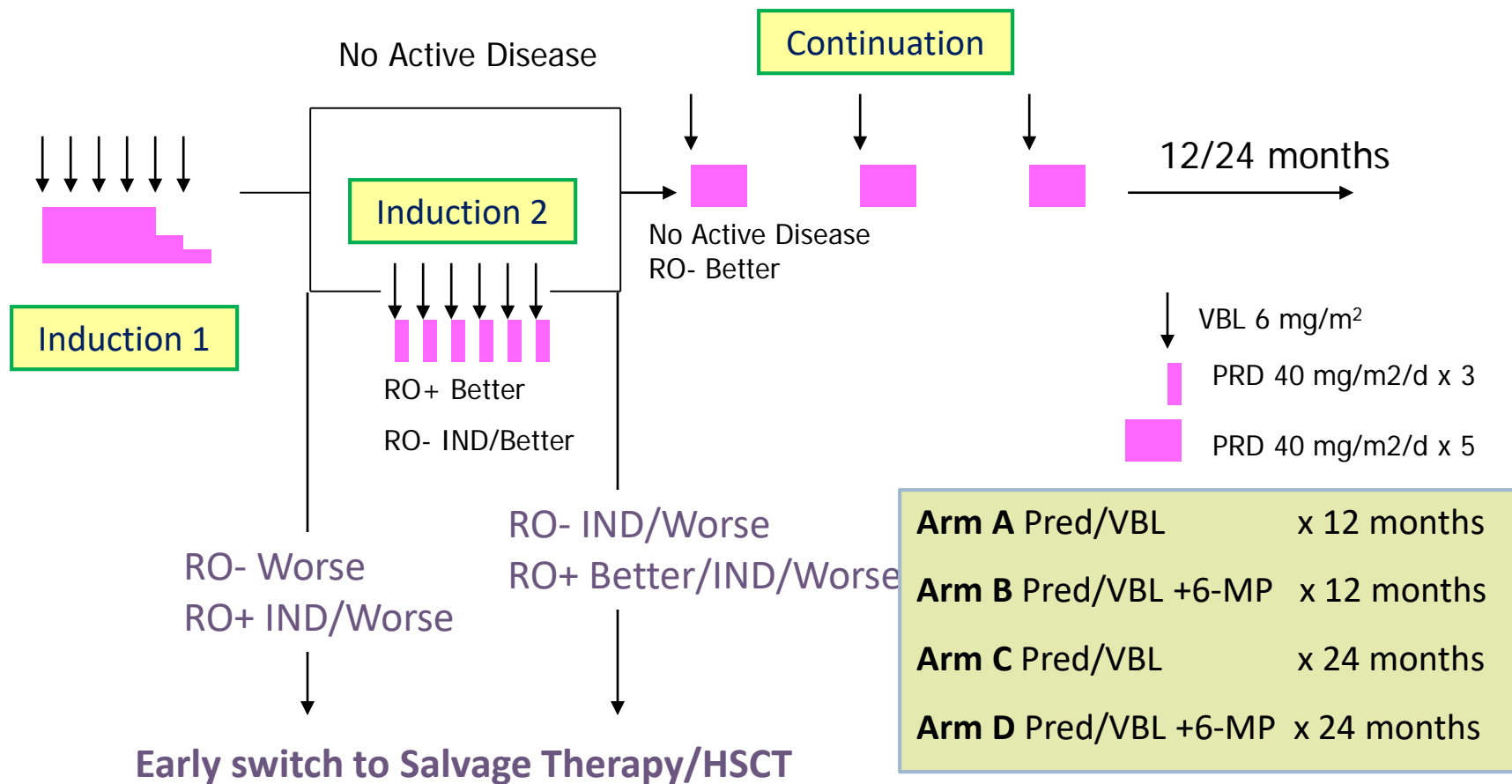
- ▶ **STRATUM I:** 1st line therapy for MS-LCH (Group 1) and SS-LCH (isolated “CNS-risk” or multifocal bone lesions) (Group 2)
- ▶ **STRATUM II:** 2nd line treatment for non risk LCH
- ▶ **STRATUM III:** Salvage treatment for risk LCH
- ▶ **STRATUM IV:** HSCT for risk LCH
- ▶ **STRATUM V:** Monitoring and Treatment of CNS-LCH
- ▶ **STRATUM VI:** Natural history and management of “other” SS-LCH not eligible for stratum I group 2
- ▶ **STRATUM VII:** Long-term follow-up





LCH-IV – Stratum I front line therapy

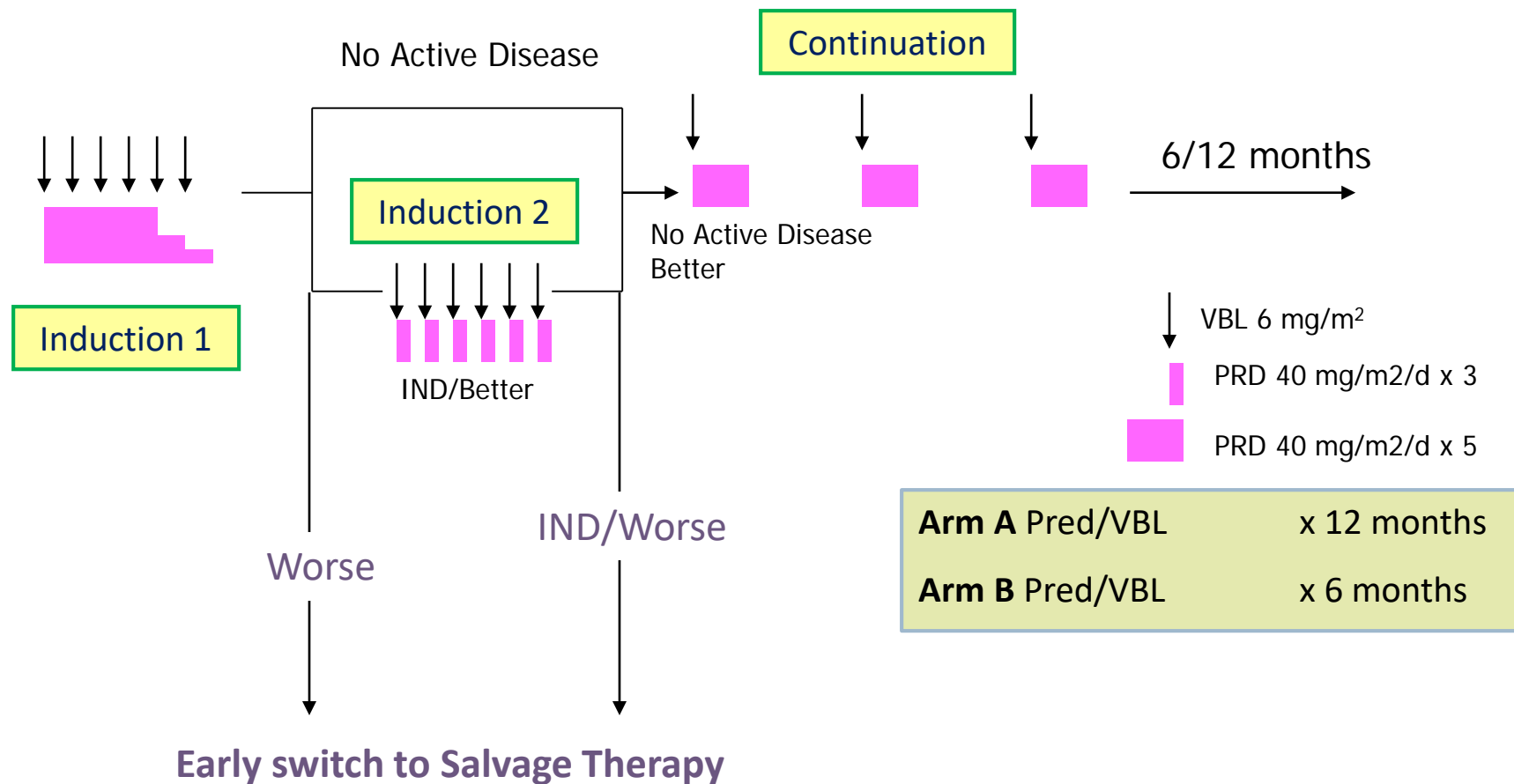
Group I-Multi-System LCH



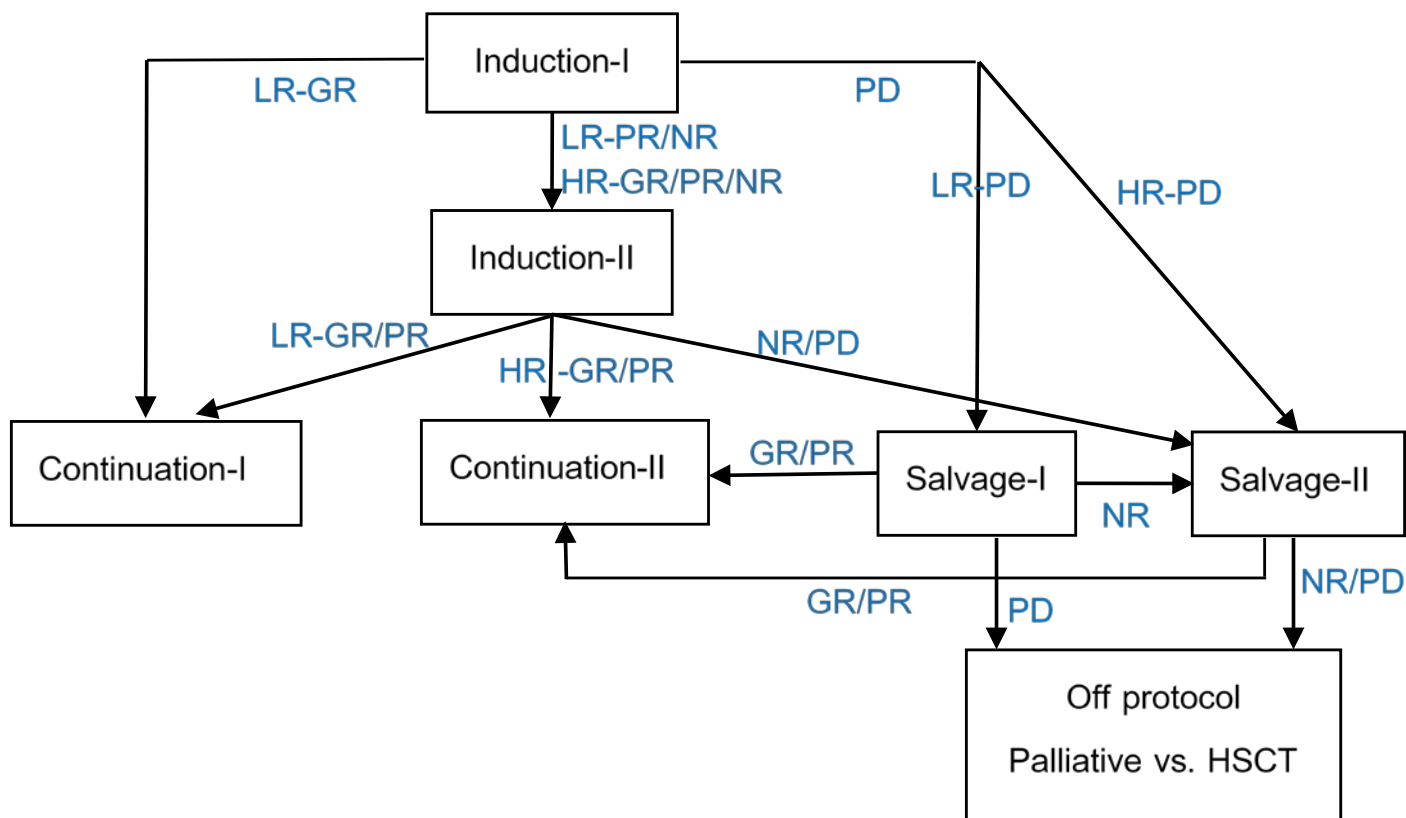


LCH-IV – Stratum I front line therapy

Group II-Single-System LCH



LCH treatment Guideline





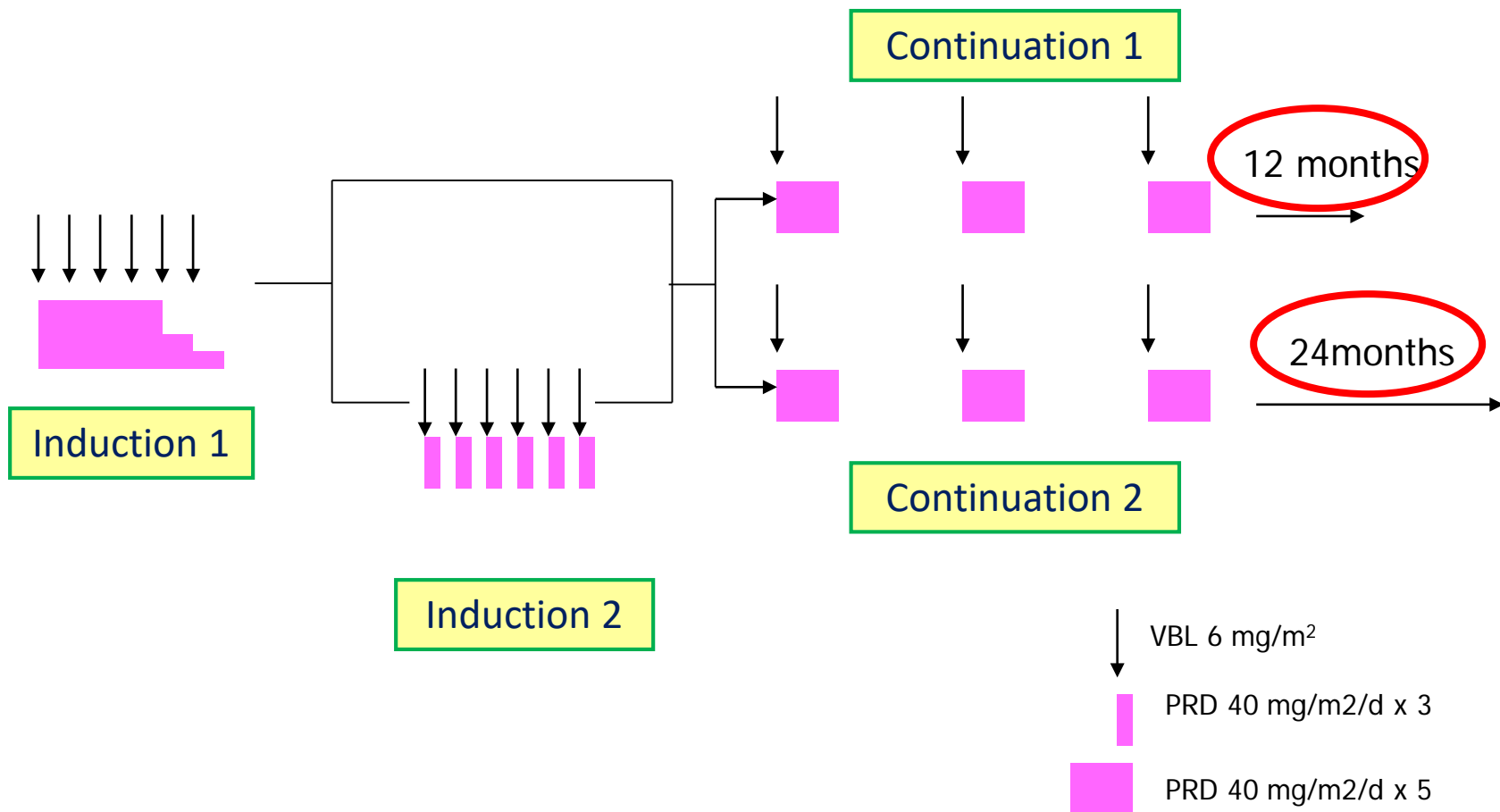
Indication for Treatment

- Low risk LCH (LR)
 - SS-LCH with
 - CSN-risk lesions
 - Multifocal bone lesions
 - “Special Site” lesions
 - MS-LCH without “risk organs”
- High risk LCH (HR)
 - MS-LCH with “risk organs”





LCH treatment Guideline

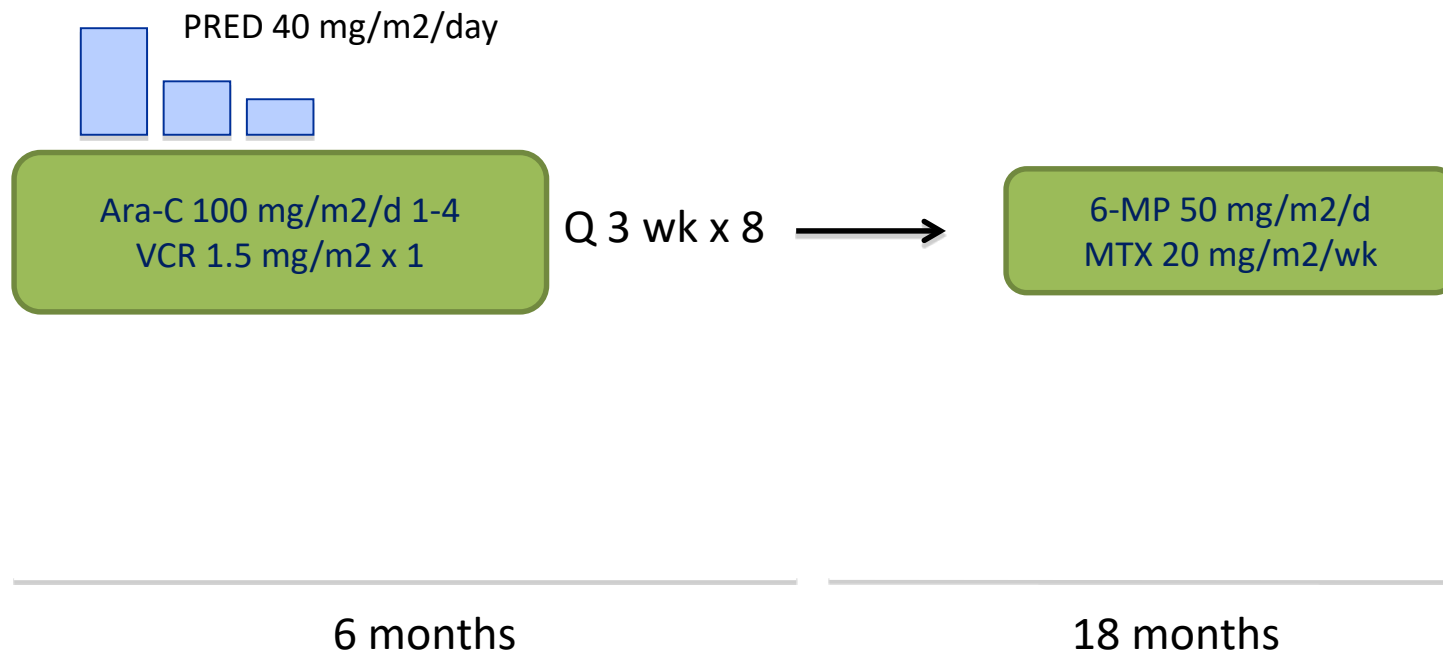




LCH treatment Guideline

Salvage I regimen

For LR with progressive disease

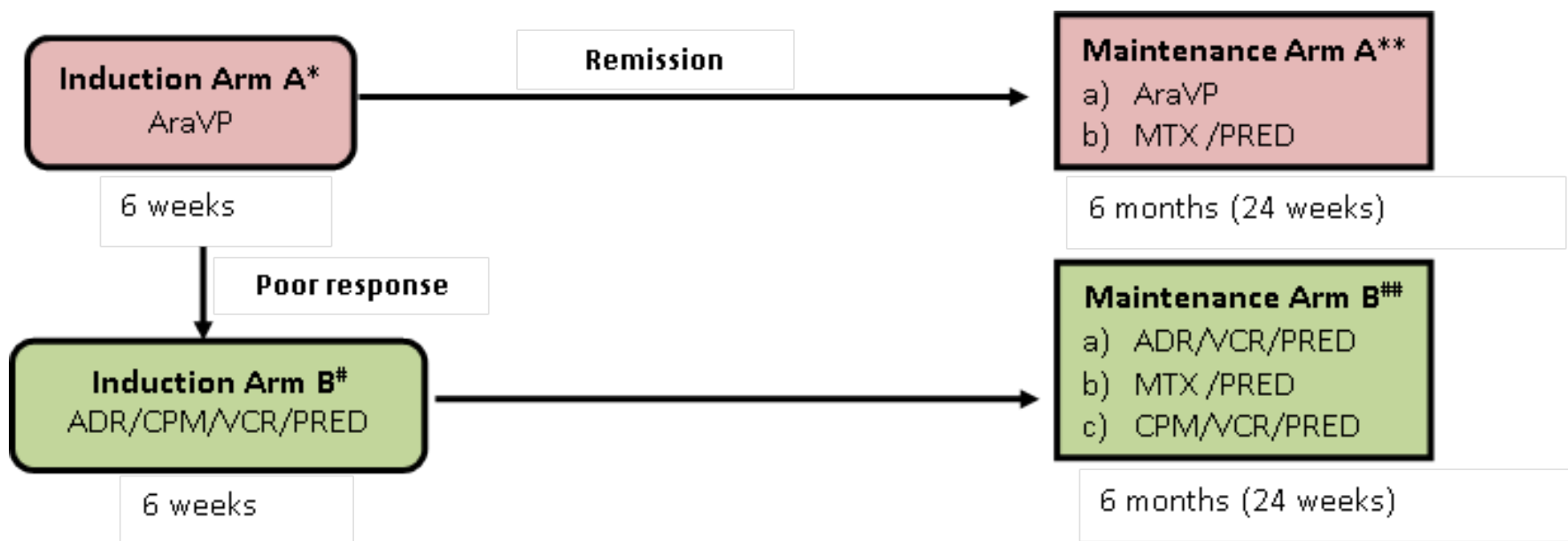




LCH treatment Guideline

Salvage II regimen

For HR with progressive disease*





Recurrent LCH

20-50% of patients

- ▶ Low risk: SS-MFB, MS RO-
 - ▶ Disease reactivation 1/3 of patients
 - ▶ Response well to 2nd line therapy
 - ▶ 6-MP and MTX, indomethacin, bisphosphonate, *BRAF* inhibitor, cladribine
- ▶ High risk: RO+
 - ▶ Poor response to standard therapy

MS-LCH <u>without</u> risk organ involvement	MS-LCH <u>with</u> risk organ involvement
<ol style="list-style-type: none">1. Cladribine2. 6-MP with methotrexate3. Bisphosphonate (local skin and bone)4. Clofarabine5. Imatinib mesylate	<ol style="list-style-type: none">1. Cytarabine with cladribine2. Clofarabine3. <i>BRAF</i> inhibitor4. Hematopoietic stem cell transplantation (HSCT)

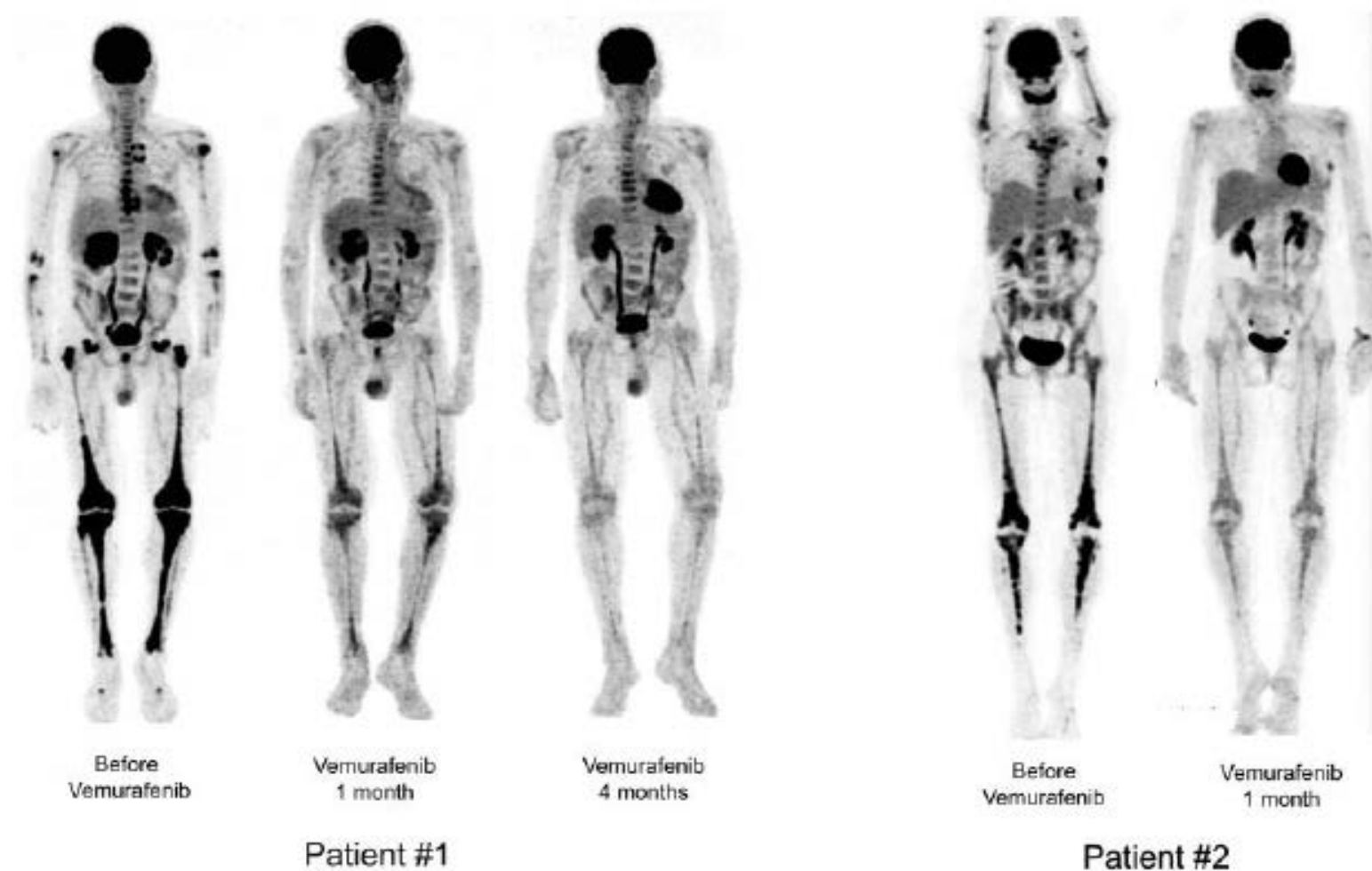


Targeted therapy for LCH with BRAF mutation



HAROCHE et al

BLOOD, 28 FEBRUARY 2013 • VOLUME 121, NUMBER 9



The Prevalence, Clinical Characteristics, Management and Outcomes of Children with Langerhans Cell Histiocytosis in Thailand





Conclusions

- ▶ LCH is a neoplastic proliferation of Langerin + myeloid dendritic cells → recruitment of activated lymphocytes
- ▶ Wide spectrum of clinical presentations that combine features of neoplastic proliferation with inflammation
- ▶ Challenges:
 - ▶ Patients with MFB have excellent prognosis but high tendency for disease reactivation (30-50%)
 - ▶ Treatment of patients with RO+ disease → Intensive upfront therapy
 - ▶ Reactivations → prolongation of therapy
 - ▶ Relapse in RO+





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