

The past 2 days that I have spent shadowing Dr. Apichat have given me great insight in medical theory, practice, as well as physician workload. I was able to observe several different patients with unique cases in the form of general check-ups and patient rounds.

During each case, I was able to learn so much about the theory behind the afflictions each patient came in for, possible treatment options and preventative measures if possible; as well as basic skills in diagnosing and treating each of the patients. Careful and thorough explanation from Dr. Apichat allowed me to fully understand each of the cases presented and the features that made them unique. The questions that Dr. Apichat presented me with at times, also made me think for myself, employing critical thinking skills with theory to reach a conclusion. I believe that it was moments like this which really allowed me to learn, rather than just memorize and write down everything that was explained to me.

While shadowing Dr. Apichat during patient rounds, I was able to observe a different aspect of the healthcare system, other than just normal patient checkups. I learnt about the patient-physician relationship and was able to view the types of disorders that bedridden patients had, such as a possible case of JMML in a young infant.

Additionally, I also had the honour to observe a PBL session led by Dr. Apichat with other medical students. This unique opportunity allowed me insight into how a diagnosis was formulated and thought out. It also showed me a different aspect of learning where teamwork and communication, were essential in being able to develop different diagnoses for the simulated case.

In short, I enjoyed every minute that I spent shadowing Dr. Apichat at PMK Hospital. This was an experience that I will remember and definitely draw from in the future.